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### **Pavel tsatsouline - wikipedia, the free**

Pavel Tsatsouline, Chairman of StrongFirst, Inc. (born August 23, 1969 in Minsk, USSR Kettlebell - Simple & Sinister (2013). ISBN 0-989892-40-9. References Edit

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About the author: Pavel Tsatsouline is a former Soviet Special Forces physical training instructor, Kettlebell Simple & Sinister 0 csillagoz s

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